

Teaching Massage Webinar Series  
Ruth Werner's Suggested List of Pathology Topics for an Entry Level Curriculum

Basic concepts

Terminology  
Hygiene  
Infectious agents  
Inflammatory process

Skin conditions

Eczema/dermatitis  
Fungal infections  
Herpes simplex  
Lice and mites  
Psoriasis  
Skin cancer  
Warts

Musculoskeletal conditions (*consult with other instructors to avoid or support redundancy with sports massage or other courses*)

Carpal tunnel syndrome  
Disc disease  
Fibromyalgia  
Myofascial pain syndrome  
Osteoarthritis  
Osteoporosis  
Postural deviations  
Sprains and tendinopathies  
Thoracic outlet syndrome  
Whiplash

Nervous system conditions

Alzheimer disease  
Anxiety disorders  
Depression  
Headaches  
Multiple sclerosis  
Parkinson disease  
Stroke

Cardiovascular conditions

Atherosclerosis  
Deep vein thrombosis, pulmonary embolism  
Heart attack  
Heart failure

Hypertension  
Varicose veins

Lymph and immune system conditions

Allergic reactions  
Chronic fatigue syndrome  
HIV/AIDS  
Lupus

Respiratory system conditions

Common cold/influenza  
Emphysema  
Lung cancer  
Pneumonia  
Tuberculosis

Digestive system conditions

Colorectal cancer  
Gastroenteritis  
Gastroesophageal reflux disease  
Hepatitis  
Irritable bowel syndrome  
Peptic ulcers

Endocrine system conditions

Diabetes type 1 and 2  
Hypothyroidism  
Metabolic syndrome

Urinary system conditions

Kidney failure  
Kidney stones  
Urinary tract infection

Reproductive system conditions

Benign prostatic hyperplasia  
Breast cancer  
Dysmenorrhea  
Endometriosis  
Prostate cancer