



# Instructor on the Front Lines Instructor Profile

## Entrance/Exit Activity Slips

### Submitted by:

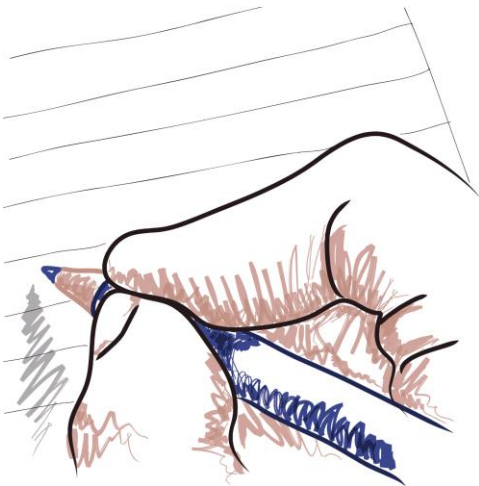
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## Activity Goals and Benefits

Entrance and exit activity slips provide a fun way for students to be accountable for attendance while staying engaged in learning.



*"It is necessary ... for a man to go away by himself ... to sit on a rock ... and ask, 'Who am I, where have I been, and where am I going?' "*  
— Carl Sandburg

## Activity Directions

When students arrive to class, they grab an entrance slip and complete the activity on it. The activities listed on the slips can be anything you'd like. For instance, the slips might include a memorization activity or they could direct the student to fulfill a social activity. It may or may not have anything to do with the lesson for the day. They can also do this activity as they're leaving the classroom.

This activity helps the students to be accountable for attendance (you can't learn it if you aren't there), remember pertinent pieces of information, practice repetition of terms for memorization, and get to know each other better.

The use of these slips is limitless. Simply create your own on a word document. They are generally a page cut in half.

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## Teaching Resources

Have an interest in instructor development resources?

Check out the Instructor Growth Self-Evaluation form on the ABMP Instructor Development website page at [http://www.abmp.com/instructors/instructor\\_development.php](http://www.abmp.com/instructors/instructor_development.php)



## Connect with fellow instructors in your town!

Join us for the Instructors on the Front Lines Workshop Series coming to a location near you. It's a great opportunity to share more ideas like these with others in your education community!

For workshop schedule and topic information, visit [www.abmp.com/instructors\\_on\\_the\\_front\\_lines/index.php](http://www.abmp.com/instructors_on_the_front_lines/index.php).

## More about Michelle Willenbring

### Background

Michelle, studied massage therapy at Minnesota School of Business (MSB) and graduated in 2008. She proceeded to open her own business, Hands On Healing, and worked at a chiropractic clinic in Maple Grove, Minnesota.

She began teaching for MSB in 2010 as a massage therapy instructor and association advisor. Her teaching topics include deep tissue, prenatal/special populations, Thai/energy, Swedish, anatomy/physiology, medical terminology, myofascial release, sports massage, hot stone/spa, clinic practicum, Business of Massage, and Pathology.

Michelle believes that many teachers take for granted the value of their expertise, which takes away from them giving all of their knowledge to those they teach. She feels that being a teacher is a calling, not a job. It takes a certain kind of person to have the patience to work with students and to "be the change" they want to see in the world.

### What is your favorite ABMP teaching resource?

"I am looking forward to implementing many of the Instructors on the Front Lines workshop activities in the classroom soon. I just have to pick which one first."

### A teaching tip from Michelle

"Don't hold back. Not one person is the best, even if they think they are. Don't hold back your knowledge just because you think it will make you better than the ones you are teaching."

### Questions for Michelle?

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